



GRANDE PRAIRIE STORM JUNIOR A HOCKEY CLUB

10017-99 Ave. Grande Prairie, AB T8V 0R7, 780-882-6376

www.grandepraiestorm.ca

STORM MARCH PREP CAMPS

780-933-4921



Alberta Cup Prep Camp \$240

- **6 on ice sessions**
- **Skating, Conditioning, Hockey IQ, and game situations**
- **Hockey Alberta Drills**
- **March 7, 9, 14, 16, 21, 23 6:30-8pm**
- **All sessions @ County Sportsplex**

This program is designed specifically to get ready for Alberta Cup tryouts. Matt Keillor is a 2-time Team Alberta Assistant Coach, winning gold in 2015 and 2016. Players will be introduced to similar drills and tempo that they will see at the Alberta Cup tryouts. Please contact Matt Keillor for more details 780-933-4921.

JrA Prep Camp \$320

***must be 14 years of age or older and attending a JrA spring camp**

- **8 on ice sessions**
- **Conditioning, Scoring, Tactical awareness**
- **Game Transfer**
- **March 7, 9, 14, 16, 21, 23, 28, 29 4:45-6:15pm**
- **All sessions @ County Sportsplex**

This Program is designed specifically for Competitive players looking to improve and gain an advantage moving into their JrA spring camps. These are competitive ice times and players are to be ready to work. Please Contact Matt Keillor for more details 780-933-4921.

On Ice Instructors

- **Matt Keillor, Head Coach/GM Grande Prairie Storm AJHL**
- **Dennis Rix, Assistant Coach Grande Prairie Storm AJHL, NCAA Alum**
- **Blake Cosgrove, Assistant Coach MAAA Storm AMHL, NCAA Alum**
- **Mitch Paradis, Goalie Coach GPAC Midget AAA**