

Start Time	Time Blocks
9:00 AM	1h

Group 3 (C) 11 -13 Yrs

OG Hockey School 2017

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00-10:00	Off- Ice Activity	Off- Ice Activity	Off- Ice Activity	Off- Ice Activity	Off- Ice Activity
10:30-11:30	Ice- Skating &Skills	Ice- Skating &Skills	Ice- Skating &Skills	Ice- Skating &Skills	Ice- Skating &Skills
11:45-12:45	Lunch	Lunch	Lunch	Lunch	Lunch
12:45-2:00	Off- Ice Activity	Off- Ice Activity	Off- Ice Activity	Off- Ice Activity	Off- Ice Activity
2:15-3:15	Ice -Sm Area Games	Ice -Sm Area Games	Ice -Sm Area Games	Ice -Sm Area Games	Ice -Sm Area Games
3:30 AM	Player Pick-up	Player Pick-up	Player Pick-up	Player Pick-up	Player Pick-up